



F1 Newsletter

Monday 7th September 2026

Dear Parents and Carers,

I would like to welcome you all to Foundation One. The children are all settling into school life very well, displaying bravery, resilience and determination. We can't wait to see how much they grow!

Here's some information about what we will be learning about this half term:

Our Learning	Key Vocabulary
Who We Are and Where We Belong Who is in my family and what do we do.	Family home myself
Communication, Language and Speaking - Listen to children share stories - Enjoy stories read by the teacher - Respond when my name is called - Answer simple questions verbally or by pointing - I can say how I am feeling using words and actions	share happy sad worried listen
PSED - I can become familiar with my nursery setting and find what I need. - Children will explore indoor and outdoor provision - Remain at one activity for a length of time. - Use the toilet and self-care with support - Making friends at school	Indoor Outdoor Try friend
Physical development - Fine motor - Develop cutting and shaping skills, modelling with different materials. - Turn pages in a book. Physical development - Gross motor - Practice running safely	Hands Fingers Cutting Safety Confident

• Kicking a ball • Climbing with confidence and safety	
Literacy – Comprehension • Enjoy listening to a range of books including • Enjoy sharing books with others. • Sing songs and rhymes, beginning to join in once they become familiar. Literacy – writing • Early mark making using a range of materials • Copy / trace finger movements	Story Character Rhymes Mark make Copy Draw
Mathematics – number • Become familiar with numbers 0 - 5 • Touch objects to count one item at a time • Recognise numbers e.g. on their house, they are ‘3-years-old’ Mathematics- shape, space and measure • Sorting items by size, shape and colour • Look for what is the same and what is different about objects.	1-5 Sorting Shape Colours – red, yellow, green, blue
Understanding the world • Learn about birthdays and that this celebrates the day they were born • Compare people in our family e.g. who is older. • Say who lives in their house and people who are important to them • Know some occupations – policeman, teacher, doctor, vet	Family Myself My school Older Younger
Expressive arts and design • Start to make marks to create an idea they have • Explore painting with fingers, brushes and tools • Make simple models • Enjoy taking part in pretend play and songs	Art Paper Crafts Paint

Reminders

Please bring a water bottle to school each day.

Uniform is expected in class, with adaptations such as joggers or leggings to assist toileting.

Please label all items of clothing

Opportunities for Physical development will be offered daily.

Children will be offered milk and fruit mid-morning every day.

We are trying to promote independence with toileting, if you could support this at home, this would be much appreciated.

Thank you for your support,

Mrs Cairns