

### BE HAPPY

# \* HAPPY NEW





#### Water fight for happiness

People at an ethnic village in southwest China have celebrated the annual water splashing festival! They splash water on one another during the festival to symbolise the washing away of bad luck and bringing good luck. In Yunnan province of China, the Water Splashing Festival is celebrated by the Dai ethnic group which is one of the 55 ethnic minorities in China. The whole celebration usually starts on the 13th of April and takes 3–7 days.







Scientists are listening to soil to find out how to keep it healthy. In the first study of its kind, researchers are using

## Fossil may belong to biggest ever sea creature

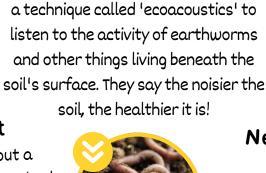
Last week, 11 year old Ruby Reynolds and her father were walking along a beach in Somerset, UK, when they found fossilised bones of a gigantic prehistoric sea creature. The jawbones are thought to belong to the largest marine reptile ever discovered - the ichthyosaur - that lived during the time of the dinosaurs.

Palaeontologists say the bones are about 202 million years old and date back to the end of the Triassic Period.



Poo fuel takes flight

Back in January we told you about a company in Gloucestershire, UK, that had developed a new type of jet fuel made entirely of human waste (Issue 42). Now, the fuel will take to the skies as a UK-based airline has ordered 525,000 tonnes of the fuel! Low-cost airline, Whizz Air, will use the sustainable fuel on its flights throughout Europe!. The new fuel is almost identical to standard fossil jet fuel and has a 90% lower carbon footprint.









## New trick to throw away unhelpful thoughts

Researchers in Japan say they have found a quick and easy way to get rid of bothersome thoughts. They recommend writing down your angry, worried or unhelpful thoughts onto a scrap of paper and throwing it away! The researchers at

Nagoya University say that this is scientifically proven to work and in their study found that "anger was eliminated almost entirely!" Why don't you try this next time you feel angry or frustrated?



