				0/5, 20/6, 11/7	
		MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival
	Option 1	Pepperoni Pizza Crudites	Beef Burger in a Bun Oven Baked Wedges beans	Roast Gammon Roasties and Fresh Vegetables Gravy	Chicken curry Wholegrain Rice Green Beans
	Option 2	Margherita Pizza Crudites	Quorn Burger in a Bun Oven Baked Wedges beans	Veggie Sausage & Roasties and Fresh Vegetables Gravy	Quorn dippers Wholegrain Rice Green Beans
		V	V	V	
	Packed Lunch	Freshly fill		ck and Mix Packed Lu roll, healthy snack, ho	
T	he Finale	Pineapple with Vanilla Ice Cream	Sticky Gingerbread Cake	Chocolate Brownie	Jelly
		Fresh Fruit and Salad available every day			



FRIDAY Fun Day

Fish Fingers Pollock Chips and Baked Beans

Baked Beans & Vegetable Dippers Chips

V

ece of fruit

Oat Cookie

FI	FOOI ESTIV By Aspens	AL Spr	ing / Summer 2022 2, 14/3, 4/4, 25/4, 16			
	Option 1	MONDAY Authentic Italian Creamy Mac'n Cheese Garlic Slice Green Salad	TUESDAY Family Faves Sausage & Mash Carrots, gravy	WEDNESDAY Backing British Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	THURSDAY Food FostivalBeef Lasagne Potato Wedges Seasonal vegetables	
	Option 2	▲ Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad	Veggie Sausage & Mash Carrots, gravy	► Roast Quorn Roasties and Fresh Vegetables Gravy	► Vegetable Lasagne Potato Wedges Seasonal vegetables	
	Packed Lunch	v v v v Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece				
	The Finale	Vanilla cheesecake	Rice Krispie Cakes	Chocolate & Marshmallow Cake	Apple Pie & Custard	
		Fresh Fruit and Salad available every day Meat Veggie Jacket Potato Packed Lunch				





Baked Breaded Fish Chips and Peas

Vegan Sausage roll Chips and Peas

V

ce of fruit

Fruity Flapjack

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121	STI	TRT				
	By Aspens		ng / Summer 2022 , 21/3, 11/4, 2/5, 23	8/5, 13/6,		
		MONDAY 4/7,	TUESDAY	WEDNESDAY	THURSDAY	
		Authentic	Family	Backing	Food	
		Italian	Faves	British	Festival	
	Option 1	Meatball, Pasta & Garlic Bread	Hot dog Oven baked	Roast Chicken & Stuffing	Chinese Chicken Wholegrain Rice	
U.		vegetables	wedges and Beans	Roasties and	Broccoli	
		▲	A	Fresh Vegetables Gravy	▲ ▲	
	Option 2	Tomato & Mozzarella	Quorn dog Oven baked	Quorn Roast Roasties and	Crunchy Topped	
		Gnocchi Garlic Slice	wedges and Beans	Fresh Vegetables	Macaroni Cheese Broccoli	
		vegetables 👔	V	Gravy		
	Packed	Pick and Mix Packed Lunch				
	Lunch	Freshly filled sandwich or roll, healthy snack, home bake and piece				
			Sticky Toffee		Chocolate	
	The Finale	Butterscotch tart	Pudding &	Vanilla muffin	cornflake crispy	
			Custard		cake	
	Fresh Fruit and Salad available every day Meat Veggie Jacket Potato Packed Lunch					

WEEK THREE



Fish Fingers Pollock Chips and Peas

Veggie Croquettes Chips and Peas

ce of fruit

Ginger Cookie